

## SWIMMING LESSONS

Summer Lessons are offered Monday, Wednesday and Friday mornings at 10:00, 10:30, 11:00 and 11:30 a.m. for two weeks, for a total of six, 30 minute lessons each session. Fees for each two-week session are \$36.00 for Starfish Swim School® ages 6+, and \$41.00 for children ages 4, 5 and 6 years. StarBabies (6m-18m) and StarTots (18m to 3 yrs) with a parent in the water are \$30.50 per session. Sessions are Mon/Wed/Fri AM:

- #1 **June 20 – July 1**
- #2 **July 11 - July 22**
- #3 **July 25 – Aug. 5**
- #4 **August 8 – 19**

There are also individual lessons available on Tuesday or Thursday evenings from 5:00 to 6:00.

*Registration must be done in person and is available from 7 a.m. to 6 p.m. Monday through Friday. All registration must be accompanied by payment and be made before the first day of the session.*

## POOL POLICIES

### 1.) RULES

Swimmers must obey posted rules and lifeguards' instructions. Lifeguards may clear the pool at any time or eject a swimmer to enforce safety concerns.

### 2.) MASKS/FINS

Masks, fins and snorkels are allowed ONLY during lap swims and fitness programs, not during open recreation swims or family swims.

### 3.) CLEARING THE POOL

Lifeguards will clear the pool 5 minutes before the end of exercise programs and rentals and 15 minutes before the end of recreation swims. Children must be picked up promptly at the end of all programs.

### 4.) AGE/HEIGHT REQUIREMENTS

Children under seven years of age **and/or** 51 inches in height must be accompanied by an adult in the water at all times.

### 5.) FAMILY SWIMS

All children must be accompanied by a parent or guardian in the water. USCG approved floatation devices and lifejackets are allowed at family swims. **Water wings are not allowed.**

### 6.) SWIM WEAR

Swimsuits are required. Do not wear T-shirts, cut-offs or denim jean shorts, even if hemmed. If you have special needs, please talk to a lifeguard in advance.

### 7.) STREET SHOES

Shoes worn outside, even sandals, carry bacteria, dirt and other contaminants, and are not allowed in the locker room, or on the pool deck. To enter the spectator area, please walk around to the back door.

### 8.) PAYMENT

Please wait for a cashier or lifeguard to assist you before you enter the locker rooms. Payment for swim lessons must be made at the time of registration.

### 9.) BELONGINGS

Do not leave your clothing and other belongings in the locker rooms. We are not responsible for lost or stolen articles.

### 10.) FOOD AND DRINKS

Food and drinks are not allowed in the locker rooms or pool area. Glass containers are not allowed anywhere in the facility.

### 11.) SHOWERS

Swimmers must shower before swimming. Public showers are available during exercise programs only.

### 12.) COMMUNICABLE DISEASES

No one with a communicable disease, open sores or bandages will be allowed in the pool.

### 13.) SWIM TEST

Swimmers who want to use the deep end of the pool are required to pass a swim test.

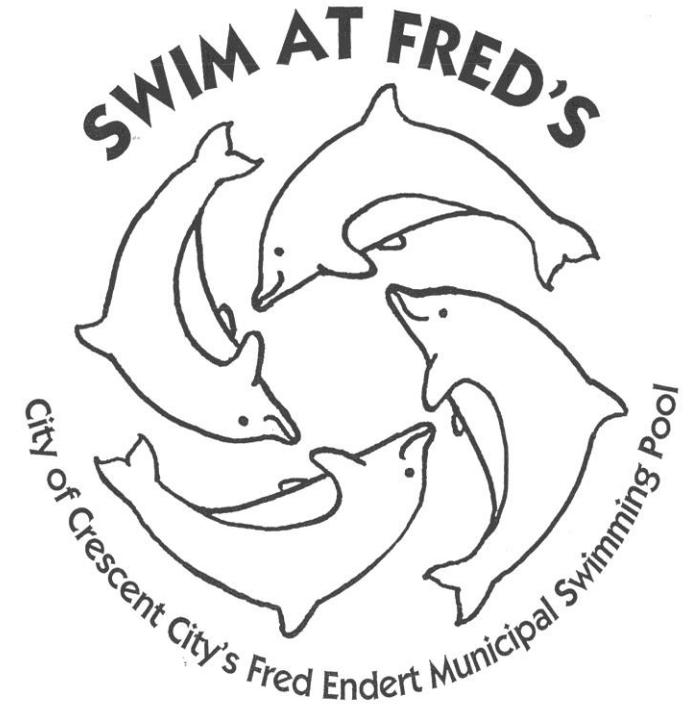
### 14.) WATCHING SWIM LESSONS

Parents and other spectators must watch from outside, so as not to distract the children and instructors. You are welcome to sit inside to watch on the last day of each session or if it is raining.

### 15.) BIRTHDAY PARTIES

Birthday parties and other groups may attend open recreation swims or rent the pool (see RENTALS). **Parties and groups are not allowed at family swims.** Please call ahead if you are bringing a group to an open swim so we can schedule additional staff.

# *Fred Endert Municipal Swimming Pool*



*Summer Schedule*  
**June 17th – Aug. 27th, 2016**

**464-9503**

[www.crescentcity.org](http://www.crescentcity.org)

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# City of Crescent City

Fred Endert Municipal Swimming Pool

Summer: June 17 through August 27, 2016

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
5:30 a.m.		Lap Swim 5:30 - 7 a.m.	Masters Swim Club Lap Swim 6:30 - 8 a.m.	Lap Swim 5:30 - 7 a.m.	Masters Swim Club Lap Swim 6:30 - 8 a.m.	Lap Swim 5:30 - 7 a.m.		5:30 a.m.
7:00		Aerobic Jump Start	Swim 6:30 - 8 a.m.	Aerobic Jump Start	Swim 6:30 - 8 a.m.	Circuit Aerobics		7:00
8:00		Aqua Yoga	Water Walk DW Aerobics	Shallow Aerobics	Water Walk DW Aerobics	Shallow Aerobics	Lap Swim 8 - 9:20	8:00
9:00		Deep Water Aerobics	Water Aerobics	Deep Water Aerobics	Aqua Yoga	Deep Water Aerobics		9:00
10:00	C	Group Swimming	Aqua Jogging, Width Laps	Group Swimming	Aqua Jogging, Width Laps	Group Swimming	Aqua Jogging, Width Laps	10:00
11:00	L O S	Lessons 10 to 12	11:00					
12:00 noon	E D	Laps & Exercise Lane	Lap Swim	Laps & Exercise Lane	Lap Swim	Laps & Exercise Lane	Open Recreation	12:00 noon
1:00 p.m.		Exercise & Laps	Width Laps, Exercise	Exercise & Laps	Width Laps, Exercise	Exercise & Laps	Swim 12 to 2	1:00 p.m.
2:00	S U N D A Y	Open Recreation Swim 	Open Recreation Swim 	Open Recreation Swim 	Open Recreation Swim 	Open Recreation Swim 	Family Recreation Swim 2 to 4 	2:00
3:00							Rental Available	4:00
4:00		Lap Swim 2 to 5	Individual Lessons	Lap Swim 2 to 5	Individual Lessons	Lap Swim 2 to 5	Open Recreation 5 to 7	5:00
5:00		Lap Lane, Aerobics & Exercise 6:00 - 7	Family Recreation Swim 6 - 7:30	Laps & Exercise 6:00 - 7	Lap Lane, Aerobics & Exercise 6:00 - 7	Open Recreation Swim 6 - 7:30	Swim 5 to 7 	6:00
6:00		Rental		Rental	Rental		Rental Available	7:00
7:00								7:30
7:30 p.m.								p.m.
	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	

## OPEN RECREATION SWIM

These are open swims for all ages. Children under 51 inches and/or seven years, MUST be with an adult (18+) in the water at all times. No flotation devices are allowed, however USCG approved lifejackets are okay for children accompanied by an adult. We do not charge extra for use of the water slide during these swims. Please be patient if the lifeguards have to temporarily close the slide for any reason.



## FAMILY RECREATION SWIM

These are recreational swims for families, so **all children** must be with an adult in the water. USCG approved lifejackets and other approved flotation devices are allowed, except for water wing arm bands.

## AEROBICS

Exercise to music in these organized classes. The water adds resistance to movements and cushions impact to knees, hips and backs. Great for non-swimmers. Deep water aerobics starts at 8:30 on TTH mornings.

## EXERCISE / AQUA JOGGING

Walk or jog against the water's resistance at your own pace. Great for non-swimmers. Width lap swimming in the deep end is also available during these programs.

## SWIMMING LESSONS

Starfish Swimming® lessons are available all summer. Dates and times are listed on the other side of this brochure

## WATER SLIDE

The slide will be open during recreation swims Monday through Saturday



## SPA & SAUNA

The spa and sauna are open during adult lap & exercise times only.

You must be at least 16 years of age, and in good health, to use the spa & sauna.

## RENTALS

Rentals are available as marked. We require a \$25 deposit and at least 72 hours notice.



Rentals are subject to staff availability.

## MASTERS SWIM CLUB

This is a club for adults who want to improve their fitness through organized workouts.

Contact Dan Gray 541-890-5483

## POOL CLOSURE

The swimming pool will close at 2 p.m. on June 17th for graduation.

The swimming pool will be closed on Monday, July 4th in observance of Independence Day.

*The City of Crescent City does not discriminate on the basis of handicap status in the admission to, access to, treatment of, or employment in its programs and activities.*

The pool is located at 1000 Play Street, near the Cultural Center.

	Admission	Daily	10 Visit	50 Visit	Annual
Youth / Senior (7 - 17 / 60+)		\$4.50	\$37.50	\$145.00	\$405.00
Adult (18 - 59)		\$5.00	\$42.50	\$170.00	\$485.00